



# Personal, Social, Health & Economic Education Policy

Article 12 – Every child has the right to say what they think in all matters affecting them, and to have their views taken seriously.

Article 14 – Every child has the right to think and believe what they want and also to practise their religion, as long as they are not stopping other people from enjoying their rights.

Article 23 – A child with a disability has the right to live a full and decent life with dignity and independence, and to play an active part in the community.

Article 29 – Education must develop every child’s personality, talents and abilities to the full. It must encourage the child’s respect for human rights, as well as respect for their parents, their own and other cultures and the environment.

Article 30 – Every child has the right to learn and use the language, customs and religion of their family, whether or not these are shared by the majority of people in the country where they live.

<b>Nova Primary School Governor Information</b>	
Model Policy	Yes
Local Changes	
Customisation*	
Originally Adopted	Spring 2010
Last Review Date	Autumn 2016
Next Review Date	Autumn 2019
* additions made to policy (eg local detail) but not a change to any policy structure	

History of most recent Policy changes – Must be completed

<b>Date</b>	<b>Page</b>	<b>Change</b>	<b>Origin of Change e.g. TU request, change in legislation</b>
05.03.13	1	Addition of children's rights	
29.1.15		Addition of curriculum changes and introduction of new initiatives e.g. THRIVE, ELLI	New National Curriculum and statutory guidelines for PSHE Increase in SMSC provision
1.12.16		Rebranding of policy	Rebranding of school
1.12.16	2	Inclusion of terms 'radicalisation' and 'sexual exploitation'	General need to update in line with PSHE network meetings and Prevent training
05.03.13	1	Addition of children's rights	

## **1 Rationale**

Provision for Personal, Social, Health and Economic education is a statutory requirement of the National Curriculum in England, first published in 2013. At Nova we recognise and attempt to prepare children for the multitude of challenges they will face as they grow up. These challenges change over time, as do the children at Nova. For this reason, our approach to PSHE is flexible and adaptable.

PSHE teaches children to celebrate diversity and their own identity. It supports them in forming positive, healthy relationships and develop an understanding of well-being, equality and 'rights-respecting' behaviour. It gives children the knowledge and skills to live healthily, and to take calculated risks in the real world. PSHE also promotes resilience and the need to acquire effective learning behaviour, preparing children for further education, the workplace and life in general. Children are challenged to explore financial, social and political institutions and how these impact on their lives, and the lives of other around the world.

At Nova Primary, PSHE education underpins all aspects of learning and development, giving all pupils the knowledge, skills and values they need to be happy, purposeful, successful members of society throughout their lives.

## **2 Aims**

Though this list is not exhaustive, at Nova Primary School we aim to give our pupils high quality opportunities to:

- Truly understand and uphold our school values of Trust, Friendship, Discovery and Success
- Be self-aware and know what makes them unique and special, but also how to develop themselves further, both personally and academically
- Learn to manage and communicate their feelings confidently and effectively
- Understand the nature of healthy relationships and their role and rights within them and how to deal with unhealthy relationships, encompassing the risk of radicalisation and sexual exploitation at an age appropriate level
- Recognise and uphold the principles of 'anti-bullying', and the Hi-5 strategies for dealing with incidents in school
- Be up to date and be able to express their opinions and ideas about local, national and global issues
- Learn about children's 'rights' and how societies uphold them
- Learn about and demonstrate the British Values of

- Democracy
- The rule of law
- Individual liberty
- Mutual respect
- Tolerance of those of different faiths and beliefs
- Consider and make decisions about dilemmas they may face, both now and in the future
- Develop lifelong, effective learning skills such as questioning, reasoning, lateral thinking and perseverance
- Make choices that are safe and ensure a mentally and physically healthy lifestyle
- Find out where and when to seek advice and support
- Prepare for the physical and emotional changes that will occur as they grow up

This is not an exhaustive list. At Nova Primary we understand the demands placed on young people in modern life, and our curriculum for PSHE is both responsive, and where needed, individualised practices.

At Nova Primary, all children receive their entitlement to the National Curriculum which states:

'Every state funded school must offer a curriculum which is balanced and broadly based and which:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society
- Prepares pupils at the school for the opportunities, responsibilities and experiences of later life'

To deliver these requirements, the school uses the following:

- The PHSE Association's Programme of Study for PSHE
- The Department of Education's end of key stage statements for PSHE
- 'Thrive- the emotional development for wellbeing and learning'
- The principles of Unicef's 'Rights Respecting School Award'
- ELLI (Effective Lifelong Learning Inventory) learning skills
- Laying the Foundations - Sex and Relationships in Primary School

We do this through:

#### Our school ethos and values

PSHE education is an integral part of everything we do at Nova Primary. Children are supported in applying what they learn throughout the school day through:

- An ethos of Rights-respecting behaviour
- The school values of *Trust, Friendship, Discovery, Success*
- Thought-provoking, interactive assemblies
- Opportunities for pupil voice such as the five, different school councils
- Regular CPD for staff on PSHE issues e.g. FGM, Prevent Strategy, Transgender issues

#### The Nova Curriculum

The curriculum has been designed specifically to develop children's PSHE skills. ELLI, Thrive principles and Rights Respecting work are explored and taught every term. Lines of enquiry are designed to be contextual and meaningful to children, helping to prepare them for life. RSE (Relationships and Sex Education) has a specific term where it is taught discretely, but is incorporated into PSHE and other curriculum work over the course of the year, where appropriate.

#### Discrete, whole class PSHE lessons

Each Year group has an overview of termly themes to be taught. We recommend that classes have at least 30 minutes direct PSHE teaching per week, though this may be blocked as the teacher sees fit. Though the expectation is that the programmes of study be adhered to, we allow for the distinct needs of individuals and classes, giving teachers the flexibility to choose exactly how they teach PSHE (circle-times, group work, drama, outdoor learning etc.) and the option of selecting additional themes that may be pertinent at a given time.

#### Additional interventions for groups or individuals

At Nova Primary, we aim for excellence in all subjects including PSHE. We recognise that some children require additional support to reach their potential and this is no different with PSHE. This may take the form of:

- A tailor-made system of behaviour management in class
- Group or individual sessions with our Learning Mentor
- Assessment and intervention as part of the 'Thrive' approach
- The involvement of our Inclusion Leader and external professionals e.g. play therapists

- The engagement of families in supporting children in developing their PSHE skills.
- Ad hoc arrangements for individuals to work with key members of staff on PSHE related issues

### **3. Links**

This policy has links to other school policies on:

- Sex and Relationship Education
- Drug Education 7 Managing Drug Related Incidents
- Child Protection
- Confidentiality
- Behaviour
- Equal Opportunities/Inclusion
- SEN
- Curriculum

Please also see:

- The Nova Curriculum
- Guidance on ELLI