

Week one

Week two

Week three

Monday

13/11 04/12 25/12 15/01 15/01 05/02 26/02 19/03 09/04

Choose a main meal...

Vegetable Supreme Pizza with Jacket Wedges ✓
Neapolitan Pasta ✓

on the side...

Coleslaw
Peas

for dessert...

Wedges of Melon & Orange

Tuesday

Choose a main meal...

Beef & Vegetable Pie with New Potatoes
Mild Mexican Vegetable Chilli with Rice ✓

on the side...

Green Beans
Cauliflower

for dessert...

Pineapple & Peach Crumble with Custard

Wednesday

Choose a main meal...

Roast Turkey with Roast Potatoes & Gravy
Cheese & Potato Bake ✓

on the side...

Braised Red Cabbage
Carrots

for dessert...

Date Bar with Yoghurt

Thursday

Choose a main meal...

Chinese Chicken Noodles
Vegetable Biryani ✓

on the side...

Broccoli
Sweetcorn

for dessert...

Fruit in Jelly

Friday

Choose a main meal...

Crispy Fish & Chips
Veggie Hot Dog with Chips ✓

on the side...

Baked Beans
Peas

for dessert...

Chocolate & Banana Muffin

30/10 20/11 11/12 01/01 22/01 12/02 05/03 26/03

Choose a main meal...

Mac 'N' Cheese ✓
Boston Bean Casserole with Rice ✓

on the side...

Broccoli
Crunchy Salad

for dessert...

Chocolate & Mandarin Sponge with Chocolate Sauce

Choose a main meal...

Sausages with Creamy Mash & Gravy
Vegetarian Sausages with Creamy Mash & Gravy ✓

on the side...

Carrots
Seasonal Cabbage

for dessert...

Oatie Biscuit with Fruit Slices

Choose a main meal...

Roast Chicken with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy ✓

on the side...

Peas
Swede

for dessert...

Peaches with Homemade Granola & Yoghurt

Choose a main meal...

Mild Beef Chilli with Rice
Creamy Tomato & Basil Pasta ✓

on the side...

Sweetcorn
Green Beans

for dessert...

Carrot & Pineapple Cake Slice

Choose a main meal...

Golden Fish Fingers & Chips
Bean & Potato Burrito with Chips ✓

on the side...

Baked Beans
Crunchy Coleslaw

for dessert...

Strawberry Cheesecake

06/11 27/11 18/12 08/01 29/01 19/02 12/03 02/04

Choose a main meal...

Mozzarella & Tomato Pizza with Oven Baked Wedges ✓
Quorn Sausage & Tomato Pasta Bake with a Bread Wedge ✓

on the side...

Peas
Apple Slaw

for dessert...

Strawberry Fro Yo

Choose a main meal...

Chicken Tikka Thigh with Rice
Cheese & Sweetcorn Quiche with New Potatoes ✓

on the side...

Broccoli
Fresh Tomato Salsa

for dessert...

Apple Cracknell with Custard

Choose a main meal...

Honey Roast Gammon with Roast Potatoes & Gravy
Shepherdess Pie ✓

on the side...

Roast Parsnips
Sweetcorn

for dessert...

Mini Gingerbread Cake with Fresh Fruit

Choose a main meal...

Pasta Bolognaise
Mild Yellow Vegetable Curry with Rice ✓

on the side...

Green Beans
Carrots

for dessert...

Chocolate Sultana Crispie

Choose a main meal...

Crispy Salmon Fillet with Chips
Veggie Quesadilla with Chips ✓

on the side...

Baked Beans
Peas

for dessert...

Creamy Rice Pudding with Fruit

Our chicken and milk are Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

All our bananas are FAIRTRADE



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS

FRESHLY BAKED EVERY DAY

Chartwells EAT LEARN LIVE